



**To: Subject Advisors**

**: Teachers**

**: Parents and Caregivers of NS Tech Learners**

**Topic:** Social emotional learning as a building back better strategy in the post Covid era

**Objectives**

To discuss pillars of social emotional learning (SEL)

To explore ways of enhancing SEL in a Science learning

Science classrooms are ideal venues for learners to engage in embedded social emotional learning that is authentically essential in dealing with tasks at hand and real life challenges in general. Science learning and emotions can be viewed as leading to deeper understanding when combined.

SEL in a Science class can be enhanced in the following ways

1. Allowing learners to work collaboratively in pairs and groups.
2. Giving learners the opportunity to open up and share their strengths weaknesses and dispositions in assigning tasks and responsibilities.
3. Guiding learners in discussions centred on values and norms that forge a culture of collaboration.
4. Creating an environment of transparency encouraging learners to be metacognitive about their social and emotional needs.
4. Goal and target setting within timeframes established by learners.
5. Fostering a real-life scenario within a classroom environment.

Blending SEL with Science gives learners the opportunity to challenge how they perceive themselves, their peers and the world around them. SEL invokes emotions which influence decision making an attribute that is crucial in selecting career paths and professions.

Thank you

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References:

[www.nect.org.za/materials](http://www.nect.org.za/materials)

<https://digitalcommons.unl.edu>